

Helping you find hope after relationship breakdown

Our next 7-week self-help course starts on **Monday 1st October** in Henleaze, Bristol



Aquila
Bristol

However recently or long ago, if life's a bit tough right now, we can help your recovery.

For details please call us on **07807 058479** or email **bristol@hope-after-heartbreak.co.uk**



facebook.com/hopeafterheartbreak
www.hope-after-heartbreak.co.uk

